





WINSLET **NEW ROMANCE FOR ACTRESS** DISH (page 16)

**EDMONTON** ® meti

Wednesday, September 29, 2010 www.metronews.ca



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# Big bust nets cash, cars, drugs

- Four family members among those charged
- **○** Investigators seized \$240,000 in cash
- ▶ Illicit drugs valued at \$250,000 found in home

A series of investigations this year led to the arrest of five individuals for allegedly manufacturing and distributing anabolic steroids from a north-end home

A search by officers during the investigation revealed a homegrown lab where the drugs were being mixed and packaged.

Charles Fougere and Susan Fougere, as well as their two sons Troy and Trevor Fougere, and Brock Chichak were all charged with various counts of production, possession and trafficking following a series of seizures by police in late August.

"Under Canadian law it's not illegal to possess or use steroids for personal pur-poses," said Inspector Greg Preston, EPS Organized Crime Branch.

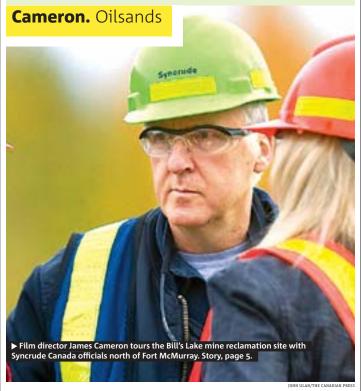
However, it is illegal under the Controlled Drugs and Substances Act to traffic in, or possess these types of drugs for the purpose of trafficking."

The overall investigation seized \$240,000 cash which police say is from crime-related revenue; roughly \$230,000



worth of charge-related property; and approximately \$250,000 worth of illicit drugs, consisting mostly of anabolic

"There's no quality control here. We're dealing with something that's being produced illegally, imported illegally, and sold illegally," said Preston.



#### Filmmaker visits Alberta oilsands

Director James Cameron soaked up information about Alberta's oilsands vesterday. Cameron arrived in Fort McMurray on Monday and immediately met with native leaders before taking an aerial tour of the oilsands.

#### **West Coast** beckons

Tofino beaches offer adventure for storm chasers (page 18)

#### **Student lunch** fails grade

Lunchbox study reveals poor food choices (page 24)







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## FILM CAPTURES THE SPIRIT WEI



For Once In My Live is a musical documentary about the Spirit of the Goodwill Band, the only performance band in the country whose 29 members have diverse mental and physical abilities.

ach of them faces a unique set of challenges from cruel taunts to parental abandonment. But the only sad part of this documentary is that this band is the only one of its kind. Iavier Pena has been the musical director since 1996. He is patient with his musicians and singers, but is also a strict taskmaster. When they tell him they can't do something, he tells them gently but firmly that they will. Inexorably, he moves them closer to their goal of performing a new song for the U.S. Mayors Convention, for a crowd of more than 1,000 people in a huge venue.

The film intercuts rehearsals and concerts with short forays into the lives of the band members. There is Christian, the sweet-tempered pianist. Blind and autistic, Christian's goals are to have a family and to be a famous musician so people can witness what disabled people can do.

Nancy, who is somewhat mentally slow, is a singer and a reluctant dancer (she describes herself as

not the best dancer in the world"). Then there are Jary and Juan, two mentally disabled brothers whose antics continually frustrate Javier.
The band gives them a creative

outlet for their anxieties and their intense rehearsals give them a sense of self-worth. But rehearsal is not the real world and when they are faced with the stage, even their rock, Javier, is nervous.

"Money and time are running the show," he says glumly. The movie has many great

moments - along with some huge laughs - but the filmmaker's ending was particularly powerful. It ends with a simple scene, just Javier teaching a new student to sing as he begins his journey again.





#### News on the move

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On the web at metronews.ca

Michaëlle Jean reflects on her five-year term as Governor General. Video at metronews.ca/ canada



# Some home cooking for Audio/Rocketry

#### • Road warriors return to rock Edmonton Audio/Rocketry set to play Wunderbar tonight

Local artists Audio/Rocketry are no strangers to the highs and lows of touring our vast country.

For each mile, they have a story; whether it's playing in their underwear at a small house party or having the rims stolen off their camper van.

Following the release of their latest album, Eastward And Onward, the guys in Audio/Rocketry have been gaining recognition both in the local scene and in random far-reaching places. Frontman Joe Vickers decided to put on a show to welcome his friends and frequent tour-ing partners in Fire Next Time home.

"I'm getting really excit-

**WORLDHEALTH** 

ed to see the boys from Fire Next Time once again," Vickers said. "Although the show is on a Wednesday night, I think it'll be a good old rowdy and joyful time. After all, this city is known for its heroic gestures during the midweek and I anticipate no less Wednesday." this

The acoustic troubadours attract a wide range of audience members, from beer-drinking cowboys to crusty punk anarchists. Their live shows usually involve the entire crowd singing along to their catchy songs.
The Wunderbar Hof-

brauhaus is at 8120-101 St. Admission is free.

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## **Mayoral candidate** pitches proposal for property tax freeze

Dan Dromarsky was the young man in the room as the 32-year-old laid out plans for a property tax freeze at Rosedale Assisted Living seniors residence yesterday.

Dromarsky said, if elected, he would allow citizens to freeze their property taxes at a fixed rate for three years.
"I think it's important

to offer this option to Ed-montonians," said the mayoral candidate.

"Whether they choose to take advantage of it or not is up to them.'

He said his goal isn't to increase taxes at all.



"My goal is to keep it sta-

ble and to spend within our means," he said. "If they lock in on their taxes and taxes go down, we'll refund that money to them."

Dromarsky chose the seniors home across the street from Stephen Mandel's campaign office on 111 Street and 101 Avenue because, he said, many seniors have to watch their wallets.

"Many seniors live on a fixed income," he said.

"If they have the ability to prepay property taxes, they wouldn't have to worry about their cost of living for future years."





**Airport** 

issue key

in Ward 2

Six candidates vying City







# ► Roxie Malone-Richards





### with major stab wound

Edmonton police were called to the scene of a stabbing at approximately

10 p.m. Monday. When they arrived at the scene at 101 Street and Jasper Avenue, they found an 18-year-old male with a severe stab wound to the stomach.

While the investigation is ongoing, it is believed the victim and assailant know each other.

EPS officers are reminding citizens to be aware of their surroundings when out after dark.

The victim was rushed to hospital and is listed in stable but serious condition.

No charges have yet been laid.

METRO EDMONTON

#### Teen found | Wainwright | Dorward bringing his wants safer act to town

Critically acclaimed musician Rufus Wainwright is bringing his show to the Northern Alberta Iubilee Auditorium Nov. 27.

The openly gay artist has made headlines for being a strong activist in favour of gav marriage. and for being outspoken about his addiction to crystal meth.

Touring in support of his latest album, All Songs Are Nights: Songs For Lulu, Wainwright will be bringing his longtime friend Teddy Thompson along as an opener.

His live concerts are renowned for their inclusion of grandiose wardrobes and cabaretstyle performances.

METRO EDMONTON

# transit

Mayoral candidate David Dorward has a vision for a safer public transit system.

Dorward announced plans for a zero-tolerance policy toward violence on the city's buses and trains yesterday, including an increase in the number of transit police by 50 per cent and an expansion of closed circuit video monitoring. @ METRO EDMONTON

#### Hundreds evacuated in fire

About 800 students and 70 staff were evacuated Monday when fire broke out at the high school in the central Alberta community of Lacombe. Fire crews were able to quickly extinguish the blaze. There's no word yet on the extent of damages. THE CANADIAN PRESS

Centre Airport a contentious issue councillor, but her research ANDREAS MORSE @METRONEWS.CA

Ward 2 is only slightly bigger than Ward 1, with a population of about 67,000, but it has twice as many candidates running for a council seat.

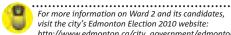
The ward has a mix of industrial land and residential properties and is home to the City Centre Airport, something that's sure to be on the minds of voters in the northwest section of the city.

Incumbent Kim Krushell said voting to close the airport was the toughest decision she had to make as a showed that shutting it down would be the right decision. Challenger Roxie Mal-

one-Richards is on the other side of the fence. She said nearly 100,000 Ed-montonians said they montonians said they would like to keep the airport open and would have liked to see the question asked on the Oct. 18 ballot.

Don Koziak, who originally planned to run for mayor, is another challenger in Ward 2, along with Alberta Aviation Museum's Thomas Hinderks, two-time candidate Shelley Tupper and safe-community advocate Michael Waddy.





For more information on Ward 2 and its candidates, visit the city's Edmonton Election 2010 website:

http://www.edmonton.ca/city\_government/edmonton-elections.aspx

#### CONGRATULATIONS

Dr. Robert J. Bailey will be honoured for his work

and support of those affected by liver disease at the Masque Gala on October 2.



Dr. Bailey maintains a busy hepatology, gastroenterology and endoscopy practice in Edmonton.

You can make a difference too! Make a donation in Dr. Bailey's honour to;

Canadian Liver Foundation, 308, 10240 124 Street, Edmonton AB T5N 3W6 or call 780-444-1547.

The Masque Gala will be held at the Muttart Conservatory and tickets are \$85 each.

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## EIFF brings filmmaker back to city

#### • The Academy was filmed with a crew of three and is 100 per cent Albertan



After creating five featurelength movies, four shorts and a television series, Kenneth Barr felt he couldn't grow his business, Idiom Films, anymore in Edmonton and made the Vancouver in

Now the man who has directed, wrote, produced, filmed and edited is making his return to Alberta at the Edmonton International Film Festival with his movie The Academy.

"The Edmonton İnternational Film Festival have been nothing but class from moment one," Barr said from his new home on the West Coast. "I'm looking forward to coming back to Edmonton because of that.

The majority of The Academy was shot in Edmonton and the surrounding area. It's an Asian-inspired story of a select group of convicted youths who are given a second chance, trained to become efficient weapons of death.

"The Academy is getting lot) of notice world-

wide," he said. "We've actually got, in the last week or so, 16 distribution offers and offers from 23 different festivals."

The Academy makes its Canadian debut tonight at



### Cameron's support sought in oilsands **battle**

As Hollywood heavyweight and self-professed human sponge James Cameron up information about Alberta's oilsands yesterday, an aboriginal leader downstream of the operations implored the director to put his money where his mouth is.

Athabasca Chipewyan Chief Allan Adam wants Cameron to support the band's legal fight against pollution from the indus-

try.

"I'm hoping he will be able to continue the relationship with this community and will be able to help in more ways than one," said Adam, who met Cameron during his visit to Fort Chipewyan yester"(James Cameron) has a lot of contacts throughout the world and he's very prominent about how he takes his position on the environment." ATHABASCA CHIPEWYAN

CHIEF ALLAN ADAM

day afternoon.

He was asked what kind of support he was looking

for.

"Wherever he'd be able to contribute or where he'd be able to assist us in ways of fundraising," said Adam

Cameron spent yester-day morning touring oilsands operations south of Fort Chipewyan with Alberta Environment Minis-Rob Renner and industry representatives. They visited Syncrude's Bill's Lake, an area the company has turned back to wilderness after mining the oily bitumen below the surface. THE CANADIAN PRESS

#### **Youth society** seeks new volunteers with contest

The Alberta YouthVOLUN-TEER! Society is hosting a free online contest for its 2010 volunteer recruitment campaign.

The youth-led organization is promoting its mission to encourage. enhance and support volunteerism among teenagers and young

adults across the province.

The contest is targeted at high schools provincewide, but is open to all youth ages 14 to 24.

They will be entered to win a prize when they register a new member account online. The contest runs until Oct. 1.

The society matches volunteers with opportunities available from various organizations.

More information can be found at youthvolunteer.ca.

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\*\*Skincrare products include all Face Rody Sun and ClarinsMen.

#### Moscow's mayor gets the boot

President Dmitry Medvedev fired Moscow's boisterous mayor yesterday, ousting the man who gave the capital a modern facelift but destroyed some of its most precious historic landmarks amid a

turned his wife into Russia's wealthiest woman.

Medvedev signed a decree relieving the 74-year-old Yuri Luzhkov of his duties due to a "loss of confidence" in him after Luzhkov openly defied the Kremlin and rejected a face-saving offer to resign after 18 years on the job.

Medvedev and his predecessor and mentor, Prime Minister Vladimir Putin, appeared to be sending a powerful signal that no regional leader was indispensable.

## Blogger tossed in Iranian jail

An Iranian court has sentenced the founder of one of the first Farsi-language blogs, credited with sparking the boom in Iranian reform bloggers, to more than 19 years in prison for his writings, a news website reported yesterday.

Iranian-Canadian Hossein Derakhshan, 35, was a controversial figure among Iran's blogging community. Writing his blog from Canada, he was initially a

critic of Iran's clerical leadership. But he later became a vocal supporter of hardline President Mahmoud Ahmadinejad, praising him for standing up to the West and criticizing opponents. Derakhshan then visit-

ed Iran in 2008 and was arrested. Over the next two years, he was often held without communication with family or lawyers, according to rights groups. THE ASSOCIATED PRESS

# Man opens fire at Texas university



#### No students hurt in rampage • But gunman fatally shoots himself

A man wearing dark clothes and a ski mask opened fire with an assault rifle yesterday inside a University of Texas library, then fatally shot himself. Police were hunting for a possible second suspect.

The 50,000-student campus - the site of one of the country's deadliest shooting rampages four decades ago — was on lockdown while officers with bomb-sniffing dogs carried out a building-bybuilding manhunt.

Campus police spokes-woman Rhonda Weldon said a man fired an automatic weapon on the sixth floor of the Perry-Castaneda Library then shot himself dead. Austin Police Chief Art Acevedo said the gunman fired an AK-47.

Acevedo told a news conference that police are investigating what he described as a second crime scene outside the library

where shots also were fired. Randall Wilhite, an adjunct law professor at the university, said he was driving to class when he saw "students start scram-bling behind wastebaskets, trees and monuments," and then a young man carrying an assault rifle sprinting along the street.

The professor said the gunman had the opportunity to shoot several students and Wilhite, but didn't.

Police were patrolling buildings with bomb-sniffing dogs to hunt for the possible second suspect and make sure no explosives had been left behind.

The university cancelled classes for the day. Police and university officials locked down the campus for several hours and early afternoon started to allow students to leave

THE ASSOCIATED PRESS

### seizes boat of activists

Israeli naval forces seized a sailboat yesterday carrying nine Jewish activists toward blockaded Gaza without meeting any resistance and then escorted it safely to shore, the military said.

The incident came four months after a deadly Israeli raid on a Turkishled international flotilla, in which Israeli naval commandos killed nine Turkish activists, one of them a dual Turkish-American citizen. THE ASSOCIATED PRESS

#### Israeli navy | Opposition to vote for long census

The three federal opposition parties are poised to vote in favour of a motion to revive the mandatory long-form census.

The Liberal motion would eliminate the threat of jail time, but keep a \$500 penalty for Canadians who refuse.

Industry Minister Tony Clement is accusing the opposition of supporting the harassment of people who simply don't want to divulge their personal information. THE CANADIAN PRESS

## **Tycoon evades death penalty**

coon accused of hiring a hit man to kill his pop star lover, the 30-year-old Suzanne Tamim, was spared the death penalty yesterday after a retrial changed his original sen-tence to 15 years in

The reduced sentence of Hisham Moustafa, a prominent member of Egypt's ruling party, for the brutal murder of the Lebanese singer is likely to spark new accusations of political influence.

Moustafa, the builder

behind the luxury suburbs for the rich that now ring impoverished Cairo, was close to the powerful son of Egypt's president and has come to symbolize the close bond between businessmen and politicians in recent years.

judge convicted The Moustafa for conspiracy to murder the 30-year-old Suzanne Tamim and gave him 15 years in prison. The timing of the verdict came as a surprise because there had been no indication the retrial was ending and the defence still had more witnesses.

"The 15-year imprisonment as a penalty for conexist in the Egyptian law," said Essam Sultan, a oppositionprominent lawyer, adding that the charge normally has only had two penalties, death or a life sentence

The tycoon was originally sentenced to death in May 2009 after being convicted of paying a retired Egyptian police offi-cer \$2 million to kill Tamim while she was in Dubai, United Arab Emirates, in July 2008. The court in March overturned the conviction on procedural grounds.





# your 365-day forecast: delicious.



## Ontario court strikes down prostitution law

#### • Canada could become a sex-tourism destination if related activities are decriminalized: Federal government

A sex-trade worker who challenged Canada's prostitution laws hailed yesterday as "emancipation day" after provisions that effectively criminalize prostitution were struck down as unconstitutional by an Ontario court

Laws against keeping a common bawdy house, communicating for the purposes of prostitution and living on the avails of the trade "are not in accord with the principles of fundamental justice," the Ontario Superior Court

They put sex-trade workers in danger, the court said.
"You can't imagine



how happy I am today because I've been abused by the justice system for a very, very, very long time, dominatrix Terri-Jean Bedford said at a news conference while clasping her leather riding crop.

"This is poetic justice." Prostitution was not il-legal in Canada, but the court struck down three provisions that criminalized most aspects of prosti-

"These laws, individually and together, force prostitutes to choose between their liberty interest and their right to security of the person as protected under the Canadian Charter of Rights and Freedoms," Justice Susan doms," Justice Susan Himel wrote her in deci-

The judgment is subject to a 30-day stay.

THE CANADIAN PRESS



#### Red mittens all the rage

The cheap and wildly popular souvenirs from the 2010 Winter Games have been updated and relaunched by the Canadian Olympic Committee. Proceeds from the \$10 mittens will continue to support Canadian athletes. They're sold at The Bay, Zellers and Home Outfitters.

#### Hurricane collapses Mexican hillside

A hillside collapsed on hundreds of sleeping residents yesterday in a rural Mexican community drenched for days by a hurricane and a tropical storm, killing at least seven and leaving at least 100 missing, disaster officials

Donato Vargas, an official in Santa Maria de Tlahuitoltepec, said the slide dragged houses packed with sleeping families some 400 metres downhill.

THE ASSOCIATED PRESS

"We have been using a backhoe but there is a lot of mud. We can't even see the homes, we can't hear shouts, we can't hear anvthing.

DONATO VARGAS, AN OFFICIAL IN SANTA MARIA DE TLAHUITOLTEPEC





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# Much-heralded growth may have hit skids

● Bloomberg survey: GDP fell by 0.1% in July ● TD economist says GDP actually fell by as much as 0.2%

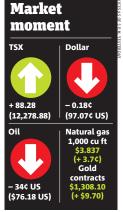
Canada's almost year-long record of uninterrupted growth has likely suffered its first setback, with analysts anticipating that fresh data being released tomorrow will show the economy actually got smaller in July.

July.

The news may come as a surprise to many Canadians who are constantly reminded by the government that their economy is among the strongest in the industrialized world, especially when compared with the United States.

That is one reality. But lately, the Canadian situation hasn't been much to boast about.

The economy burst out



of the gate in the first three months of 2010 with a 5.8 per cent growth rate, then came back to earth in the second quarter at two per cent and is expected to be even weaker in this current third quarter.

July, the first month of the third quarter, will in all likelihood be the weakest, according to a consensus of economists sampled by Bloomberg.

There is no mystery why. He points out that housing market cooled in July, retail sales contracted, as did manufacturing shipments, wholesale sales and, most importantly, employment shrank by 9,000 total, and by 139,000 in full-time workers

THE CANADIAN PRESS

Volvo of Edmonton



#### Corus moves into huge homebase

Corus Entertainment Inc. chief executive John Cassaday says the media company sees plenty of opportunity to grow in the popular female-skewed speciality-TV market, as advertisers push to sell more products to women. Cassaday helped open Corus' new Toronto-based broadcast headquarters yesterday, consolidating 11 different facilities throughout the city under one roof.

## **Not feeling stimulated?**

Over half of the people in the some of the world's biggest economies are opposed to their governments spending money in stimulus programs, according to a BBC World Service poll, published yesterday.

In its poll of more than 22,000 people in 22 countries, the broadcaster said the strongest opposition

Saturday 10am - 9pm Sunday 10am - 5pm

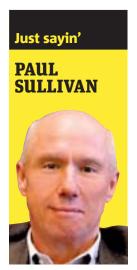
was in some of the countries that have already seen big stimulus programs, such as Germany, France and the United States.

THE ASSOCIATED PRESS



Friday Noon - 9pm

## KATY'S CLEAVAGE CAUSES KERFUFFLE



Katy Perry, the extravagantly endowed pop tart who became a star with the hit I Kissed A Girl, and more recently, California Gurls, is not a hit with the parents of the tykes who watch Sesame Street.

er, um, duet with Elmo (he's the little red guy who likes to get tickled) was yanked from the program after numerous parental complaints about her outfit — or lack of it.

Like many hot celebs before her, Katy agreed to go on the iconic kiddies show and frolic with the Muppets. In her skit with Elmo they are supposed to play dress-up, but Elmo, shy guy that he is, gets all flustered and runs away.

You can't tell he's blushing because he's all red all the time, but as Miss Katy's unfit outfit empha-

endowments, Elmo likely can't take it all in.

"You can see her t—!" complained parental America. And the people who run Sesame

Street listened so now you have to go to YouTube with several million other grownup kids to watch it. After all, Miss Katy's tare hardly appropriate viewing for children ages one to six.

Meanwhile, what were they thinking (or thinking with)? Rumour has it the producer responsible for the lapse will be replaced by Oscar the Grouch, not so easily dazzled by décolletage.

And then you have to think about the impact on the other Muppets. Puppets are people, too.

Consider the Count, who loves to count, but when Miss Katy is around he can never get past "two."

Or Big Bird, who is always eight years old, grows up

in a hurry. Size matters.

Or Kermit, who is green with envy, and would not run away like Elmo. "I like to dress up!" he croaks.

If you think the above is bad, you should have seen the Saturday Night Live segment over the weekend, guest starring, guess who? Katy Perry. Brought to you by the numbers "38" and the let-

ters "Double D."

I know, I know. I should be getting all censorious and fulminate about the rampant sexualization of small children — and it's true, the loss of innocence comes soon enough without it being forced on kids before they are emotionally ready to handle it.

But Katy Perry has been such a good sport about the whole thing — and why wouldn't she be? The Muppet kerfuffle made her a top search on Google and Yahoo and after Saturday Night Live, she is booked on the Simpsons. Fifteen minutes baby!

minutes, baby!
And if all else fails, she is welcome in Mr. Sullivan's neighbourhood any time.

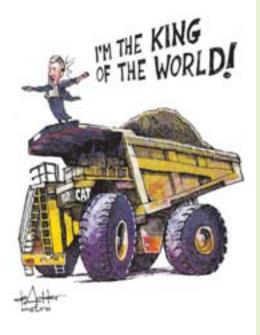


Read more of Paul Sullivan's columns at metronews.ca/justsaying

**Cartoon** 

JAMES CAMERON VISITS THE OILSANDS:

## No need to apologize



#### Worth mentioning

As usual, when scientific research and being a man intersect it's a good news/bad news thing.

The good news:
Researchers at the University of Waterloo have finally determined why your husband won't apologize.
It's because he doesn't think he's done anything wrong, whereas you think everything that you, he and everyone else does is sketchy.

Waterloo psychologists Karina Schumann and Michael Ross asked 66 people (33 women and 33 men) to keep track of how many times they apologized for anything over a 12-day period.

#### **Making amends**

"... but Elmo, shy

guy that he is,

gets all flustered

and runs away."



They found women both apologized more and felt they had caused offence more. We're talking, "Sorry for bumping into you" sort of transgressions, rather than the "Sorry for accidentally poisoning your cat" sort.

Men, on the other hand, felt they had caused offence less, and therefore apologized less. But both genders apologized at the same rate and just as effusively if they believed an apology was owed. In most cases, both sex-

In most cases, both sexes apologized for roughly 80 per cent of the offences they caused. This seems to put the cliché to rest that men refuse to apologize for anything lest it dent their fragile egos.

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# Metro Minute with pre-season hockey

The Oilers continue their pre-season schedule tonight against the Phoenix Coyotes.

The youth movement with this year's edition of the Oilers is well-documented, with names like Taylor Hall, Jordan Eberle and Magnus Paajarvi expected to make the squad. One intriguing young talent hoping to stick with

the team is Swede Linus Omark, whose dazzling moves can be found on highlight videos all over the Internet.

Shane Doan, Ray Whitney and Ilya Bryzgalov are a few of the big names on the Phoenix roster.

the Phoenix roster.
Puck drop is at 7 p.m. at
Rexall Place. For tickets,
visit www.ticketmaster.ca.

METRO EDMONTON

➤ Taylor Hall and the Edmonton Oilers host the Phoenix Coyotes tonight in NHL pre-season action.

# Street Dancing jumps off screen

● British actress Nichola Burley stars in upbeat 3-D flick ● Shooting in 3-D 'mostly the same as shooting a regular movie' ● Burley's background in dance a plus for the role



#### Juno Awards



The Juno Awards are adding a new category to recognize the best electronic album of the year. It'll bring the total number of categories to 40 as the Canadian music award celebrates its 40th anniversary in 2011.

To qualify for the best electronic album of the year, a full-length recording must be "composed with electronic equipment as the essential songwriting tools and defined by their electronic elements."



## Living in 3-D

"It was mostly the same as shooting a regular movie except that we might do things like throw a hat at the camera or do your moves towards the camera, which initially feels strange because you're normally supposed to ignore the camera. There were monitors with glasses so we could look at what we shot in 3-D while we were shooting, which was amazing. But they intentionally tried to not let the actors see too much of that because they didn't want us to be excited or distracted by the 3-D, but focus on making the film as a whole." 

PHIL BROWN



Nichola Burley is best known for her appearances in British horror movies and thrillers like Donkey Punch and Kicks, but on Friday audiences will be treated to a much lighter side of the actress in StreetDance 3-D (no points for guessing what it's about).

For Burley it was an opportunity to finally play a

role that was close to herself.

"There are a lot of gritty films in England and many of the scripts I read are quite twisted and dark," Burley told Metro. "I've always wanted to do something positive and uplifting because that's the kind of person I am naturally. I knew it would be so much fun to do something like this."

The film is miles away from the bloody work she's

"I've always wanted to do something positive and uplifting because that's the kind of person I am naturally."

done recently, but not outside of her realm of experience. Burley actually danced for years before falling into acting.

"I studied dance until I was 18 and then went to the Northern School of Contemporary Dance," Burley said. "I never wanted to act, I always wanted to dance, but a casting director came to the school to do general auditions for film and I got into it that way. I thought it was just a one off opportunity and went back to school after. But I got lucky and actually hadn't even danced in five years before making this movie."

The experience in dance and film acting obviously made Burley a prime candidate for the film, but she admitted to being unfamiliar with the street-dance style before shooting. A bit of a problem since she plays a character who trains a troupe of ballerinas in street dancing.

"It was very challenging. I knew absolutely nothing about it before we started and had to learn everything in six weeks," admitted the actress. "I probably looked more like one of the struggling ballet dancers in the film to be honest."



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# Josh Brolin makes Dark Stranger role his own

• Actor plays a novelist with writer's block and a taste for women Drolin says couldn't play Woody if tried



Early on in the shoot for You Will Meet a Tall Dark Stranger, Woody Allen's latest exploration of love and neurosis, star Josh Brolin told the director he wouldn't try and play a thinly disguised version of Woody Allen in the movie, like Kenneth Branagh in Celebrity or even Scarlett Johansson in Scoop.

"I know some people have tried to (play the Woody Allen character),' he says. "I don't understand why. Everybody writes from who they are, but I think because Woody has acted in his films, and

"I know some people have tried to (play the Woody Allen character). I don't understand why. Everybody writes from who they are, but I think because Woody has acted in his films, and is choosing not to act in this film, therefore you are taking his place. I didn't see it that way."

is choosing not to act in this film, therefore you are taking his place. I didn't see it that way."

The director was fine with that, in fact, he told Brolin to make the role his own. "Then I'd do a take," says Brolin, "and he'd say, 'You changed a word. You

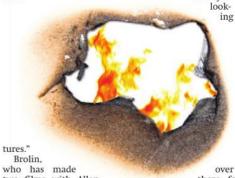
said cannot. The script says can't.' I'd say, 'You're not serious are you?' and he'd say, 'Yes, you broke the contraction.' I said, 'I thought you just said to make the part my own.' He said, 'I know. But the script says can't."

Such is life on set with a



Brolin, however, does have what most people would consider the Woody Allen role in the film; the part Woody might have played if he was 30 years younger. As a novelist with writer's block and a taste for women, the character Roy has the bulk of the film's funny lines and best scenes, but Brolin says he couldn't play Allen if he

"Woody and I both said, 'I could never pretend to be you nor could you possibly pretend to be me.' If there are two more opposite people on this planet it is me and Woody Allen. For various reasons; which is why I think we come together and work together as well as we do, because we have the same sensibilities. We just have different other side and he is con-



who has made two films with Allen, says when he watched You Will Meet a Tall Dark Stranger, he wanted to slap Roy. "To me he is pathetic. He's not the most redeeming character out there. The grass is greener on the

there for notoriety and fame and all that. It's a strange character when he asked me to play it, I was like, 'Why? Why me?' But I'm very happy I got to do it.

## **Director spins a new tradition** in vampire flick, Let Me In

"As a young person horror films terrified me," says Let Me In director Matt Reeve.

"To this day if you were to show me a picture of Linda Blair in her Regan MacNeil getup, and I wasn't prepared the hair would stand up on the back of my neck and my blood would run cold. I would have a visceral reaction, so it's kind of ironic that that's what I do now. I make genre films, and yet there is something about it that is a very exciting thing

Audiences and critics were certainly excited by his first film, Cloverfield, a movie one writer called "the closest a film has ever gotten to a roller-coaster ride." It was a wham-bam-thankyou-ma'am reinvention of "big monster" movie that mixed Godzilla with



the immediacy of reality TV. His new film, a remake of Let the Right One In, the Swedish art house hit about a vampire trapped in a 12vear-old body and her bulneighbour, is less frenetic, but throws a new spin on the vampire tale.

"It is a vampire film in a different tradition," says Reeves. "That has everything to do with [novelist] John Lindqvist's story. It is an incredible story in that he takes the vampire genre and uses it as a way to describe the pain of adoles-

cence. It is a strange thing to say, but I found in reading it, and in the Swedish version and in what we tried to do, I actually think that it is a very realistic sort of tale even though it is a vampire tale. This film has a bit of naturalism to it."

Let Me In, Cloverfield and the films that frightened him as a child, he says, are effective because they are "about something other than what the surface part is. The metaphor they are using is a way to explore a lot of real and frightening things and to explore our own fears and that's why you can make a movie about a giant monster trashing New York and it's really not about that at all. That is what makes it challenging and interesting as a filmmaker." @ RICHARD CROUSE

#### **Titanic star** dead at 100

Gloria Stuart, the 1930s Hollywood leading lady who years later became the oldest Academy Award acting nominee for her role as the spunky survivor in Titanic, has died. She was 100.

Stuart died of respiratory failure Sunday night at her Los Angeles home, her daughter, Sylvia Thompson, said Monday. The actress had been diagnosed with lung cancer five years ago and had beaten breast cancer about 20 years ago, Thompson said.

In her youth, Stuart was a blond beauty who starred in B pictures as well as some higher-profile ones such as The Invisible Man, Busby Berkeley's Gold Dig-gers of 1935 and two Shirley Temple movies, Poor Little Rich Girl and Rebecca of Sunnybrook Farm. But by the mid-1940s she had retired.

She resumed acting in the 1970s, doing occasional



TV and film work. But Stuart's later career would have remained largely a footnote if James Cameron had not chosen her for his 1997 epic about the doomed luxury liner that struck an iceberg and sank on its maiden voyage in 1912

Stuart co-starred as Rose Calvert, the 101-year-old survivor played by Kate Winslet as a young woman. Both earned Oscar nominations, Winslet as best ac-Stuart and tress supporting actress.

THE ASSOCIATED PRESS



# Doing it 'Nucky's Way'

• Atlantic City councilman wants to name street after controversial subject of HBO's Boardwalk Empire • Johnson was prohibition-era political boss

Real-life political and rack-- and current posthumous TV star — Enoch "Nucky" Johnson may finally get a street named after him.

The subject of the hit HBO series Boardwalk Empire, Johnson ruled Atlantic City during during Prohibition, ensuring that vice flourished here, and the cash was spread around freely.

City Councilman Dennis Mason told The Press of Atlantic City he'll introduce a measure to rename a oneblock section of Belmont - near a hotel where Johnson used to live as "Nucky's Way."

Mason is not put off by Johnson's eventual conviction and imprisonment on tax charges.

"It was just tax evasion,"

Mason told the newspaper. 'He didn't actually murder anyone.

Belmont Avenue runs alongside the Ritz, a highrise condominium building that was once the Ritz-Carlton, a luxury hotel where Johnson lived and

Other high-pro-Harding and

Atlantic in November in which

people will don 1920s clothing and red carnations, a trademark of Johnson and the HBO character based on him. bv

rented out the entire ninth getting a street named af-

file visitors to the hotel included U.S. Presidents Warren Calvin Coolidge, and gangster Al Capone, a close pal of Nucky's.

Mason acknowledged the move is a ploy to generate more interest in among tourists. He said he hopes to organize an event

played Steve

Buscemi. The ethical bar to

all that high. The city has named for Louis already streets Kuehnle, a city political boss in the early 20th century convicted of accepting kickbacks, and Don King, the boxing promoter who was convicted second-degree murder before get-ting it downgraded to manslaughter.

one in Atlantic City is not

Mason said Nucky held no monopoly on corruption in Atlantic City, noting a slew of recent arrests and

prison terms of City Council members.

"I mean, if everybody gets real, I'm sure there are a lot more people that did something (illegal)," he said. "We have bad people in this government now." ASSOCIATED THE

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Mitchell and Cameron fight over public displays

**Modern Family** Sitcom Citytv, ABC

LAWYERS. The Whole Truth might fill the void for fans of the nowdefunct Law & Order. trict attorney, and Rob Northern Exposure plays

SPIES. The new J.J. Abrams (Alias, Lost) series Undercovers also offers a fun male-female dynamic with Boris Kodjoe and Gugu Mbatha-Raw playing married spies.

Undercovers Drama/Action NBC

THE CANADIAN PRESS



# Danza gets an 'A' for effort in **A&E's Teach**

When former sitcom star Tony Danza began teaching English at a Philadelphia high school, no one really knew what to expect. Not even Tony Danza.

Certainly school officials were holding their breath after the district greenlighted Teach, an A&E reality show premiering Friday that chronicles Danza's year at the head of

Danza, with no teaching experience, was enthusiastic but overwhelmed when filming began last fall at Northeast High School. His students seemed excited but puzzled; some had no idea who he was. ("Wasn't he in, like, Cheers?" one teen asks in the first episode. Um, no.)

While critics contended that education was being sacrificed to benefit the actor best known for Taxi and Who's the Boss?, students and administrators say "Mr. D" ended up making the grade.

'You're hoping that all the new teachers grow the same way he did," Assistant Principal Sharon Mc-Closkey said.

Teach comes at a time when education reform is a huge topic in public policy and popular culture, from U.S. President Barack Obama's Race to the Top grant program to major film documentaries like Waiting for "Superman" and Race to Nowhere.

underwent Danza weeks of prep and new-teacher orientation before starting at Northeast, a diverse 3,400-student public high school in a blue-collar neighbourhood. His class of 26 sophomores ran the gamut from jocks and divas to brains and immi-

Initially, it's rough go-ing for the boss of Room 230. Danza talks too much and gets corrected by a student in front of the class. He deals with cheating and violence, meets with parents of obstinate students, and tries to balance discipline with empathy — all while teaching Of Mice and Men and other books to teens with varying academic abilities.

It's overwhelming. Danza cries several times in

#### "He brought a lot of joy to our class and the whole school."

ILEANA MORRIS



the first few episodes.

"I can't help it," Danza told The Associated Press. 'You see yourself in them. You want them to learn from your mistakes and you can't get it through to them "

Danza also threw himself into civic life and extracurricular activities. He helped coach Northeast's football team, organized a student variety show, sang the national anthem at a Phillies game, and participated in a citywide cleanup and a poetry slam.

"He embraced the city," said Mayor Michael Nutter, who had urged the district to approve the reality show. "It wasn't just a gig that he was doing with A&E network. He became a part of whatever else was going on.'

At the end of the year, students issued their own report cards on Danza. They largely praised him, citing everything from his lessons on To Kill a Mockingbird to his caring attitude and positive outlook on life.

"He brought a lot of joy to our class and the whole school," said Ileana Morris,

Stephanie Pyle, 16, described the class as a family and Danza as the dad. Éric Lopez, 16, called Danza a "really good guy" who went above and beyond to help students with their academics and personal

After watching the first episode, Northeast High officials are cautiously optimistic that Teach will honestly portray the joys, frustrations and challenges of urban education. In many ways, the series tells the story of any firstvear instructor.

"You know they say a picture can be worth a thousand words?" said Principal Linda Carroll. "A TV show can be worth a lot

THE ASSOCIATED PRESS

#### TV watch list

#### Gloria cooks up some laughs on **Modern Family**

COMEDY. The hilarious Gloria of Emmy darling Modern Family starts cooking traditional Colombian meals tonight to honour her late grandmother. Meanwhile, Claire finds out her

daughter has a crush, and

of affection.

Maura Tierney of ER fame stars as a workaholic dis-Morrow of Numb3rs and

a rival, laid-back defence attorney.

The Whole Truth

Courtroom drama.

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# Winslet to wear white?

**○ Subsidite 6 we have to the second of the** 

Kate Winslet is reportedly so smitten with new beau Louis Dowler that she's even thinking about talking down the aisle again, according to Grazia magazine.

"As far as Kate is concerned, they could go all the way together — get married, have kids," a source says

source says.

"She's the happiest we've ever seen her. He really brings out a wonderful, carefree side to her that we haven't seen for years." Winslet split with husband Sam Mendes in March before taking up with Dowler in July

METRO





# Lohan's misery Swift's gain?

Lindsay Lohan's troubles may spell opportunity for Taylor Swift, as the country singer is reportedly in negotiations to take over Lohan's role in the upcoming romantic comedy One Night with You, about a starlet who uses a reality dating show to revive her career. "It appears the romantic comedy may final-

ly be off the table for Lindsay Lohan," a source tells WENN. "The producers had actually talked to Taylor Swift's agent a few months back about replacing Lindsay, but Taylor was in the middle of her tour. Now that Lindsay can't conquer her troubles, they're taking the offer back to Taylor." OMETRO

#### **Celebrity tweets**



Jeremy Piven [@jeremypiven] 2 billion degrees here, just taught a Bikram yoga class in my car...



Jessica Simpson [@JessicaSimpson] Did my pic post? Got a new phone and can't figure it out! Kanye West [@kanye west] Remember the museum plastic spaceship toys

um plastic spaceship toys that were molded right in front of you?.... Those use to smell awesome!!!!!!!!!!!!

#### McCarthy says Carrey was no fun

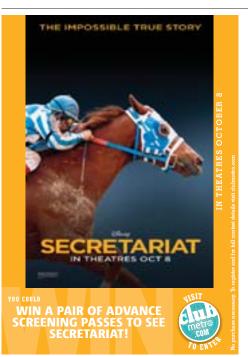
Jenny McCarthy says part of the reason her relationship with Jim Carrey ended was that it wasn't "fun" anymore. "The first thing is, when it's not fun anymore, you need to start investigating and do an inquiry into the relationship," she told Oprah Winfrey.



### Lindsay Lohan's money worries

Money woes are reportedly getting to Lindsay Lohan, as the troubled starlet allegedly tried to sell her first post-jail pictures after her most recent stint behind bars, according to Us Weekly.

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# WEDNESDAY **NEW EPISODE** CRIMINAL MINDS 10 **NEW EPISODE** THE DEFENDERS 9



Surf's up



The end of summer has not dampened the enthusiasm of surfers on Haida Gwaii, formerly the Queen Charlotte Islands. In fact, the best surfing there runs from Oct. to May. The second annual Haida Gwaii Surfing Expression Session, from Nov. 12-14, will include men's shortwomen's board competitions and an open longboard competition. THE CANADIAN PRESS



Tour showcases designs of Gustav Stickley, who produced well-made furniture with simple design



# West Coast beckons winter storm chasers

• Tofino storms offer magnificent sensory experience for adventurers and sybarites alike

Charles McDiarmid recalls being awake in his parents' remote West Coast cabin listening to low buzzing sounds reverberating from huge pieces of driftwood being tossed against the shore by the winter waves off Tofino on Vancouver Island.

The low pitch of the vibrating storm-beaten logs was powerful and magnificent, says McDiarmid, and the everlasting drone contributed to a West Coast

travel phenomenon: Winter storm watching.

McDiarmid, whose family first built a cabin in the area in 1955, became convinced others would also be fascinated by the cleansing experience of a West Coast winter storm.

Since 1996, his family has operated the Wick-aninnish Inn at Chesterman Beach near Tofino, about 400 kilometres northwest of Victoria. The Tofino area is good for

"It's a good feeling to be snuggled up in a nice, warm, comfortable environment seeing Mother Nature unfold."

more than a dozen major storms over the winter, from mid-November until February.

There is no land be-

tween the West Coast of Vancouver Island and the east coast of Japan, which allows the swells to build. Many are 10-metres high when they hit shallow water and explode against the rocks. "We're such an urban

"We're such an urban society and Mother Nature in the city is generally an inconvenience," says McDiarmid. "Here, there is no such thing as bad weather."

But winter storm watch-

ing is not just for outdoorsy types who put on gum boots, rain slickers and head for kilometers of open sandy beach. Many watch the storms

Many watch the storms unfold from a safe, warm fireside vantage point wrapped in a warm blanket. "It's a good feeling to be all snuggled up in a nice, warm comfortable environment and seeing Mother Nature unfold for you," says McDiarmid.

THE CANADIAN PRESS

## Well, I'm blown away

▶ Buying a travel hairdryer has become an essential part of the ritual of going on vacation. ▶ We tested some of the market leaders.



Nothing says "I'm going on vacation!" quite like the buying of a travel hairdryer.

Like over-expensive designer sunglasses and ridiculous sandals you will only ever wear once, it's just part of the "get-away feel good factor." We've picked our current favourites, all available from amazon.com

# 1. CUTEST CORIOLISS MINI VINTAGE TRAVEL DRYER UKMVF FLORAL, \$49

This small, but perfectly formed dryer, with its retro styling and super-cutesy floral livery (very Kath Kitson) had the females in the office swooning. It is very good looking. Luckily, it also performs. Some weird technology means the 88 watt motor pushes through more air than it should and drying is, ahem, a breeze.

#### 2. BEST COMBO VO5 'ON THE GO' TWIN PACK, \$58

This straightener/dryer combo is teeny and designed specifically for travel. Either item might comfortably fit in a handbag, though both might be a squeeze. The mini straightener hand works well.

## 3. SMALLEST OPAL LONDON HAIRDRYER TO GO, \$29

Now this really is small. At 11 cms long it is almost dwarfed

by the plug. It's also very pink. It will dry your hair pretty effectively while taking up no more space than your Blackberry.

#### 4. LEAST CLAIM TO BE A 'TRAVEL' HAIRDRYER REMINGTON STYLE D5005 COMPACT DIFFUSER 2000, \$29

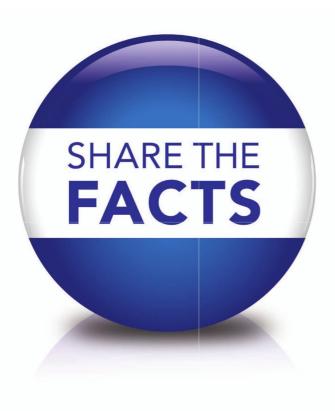
OK, it's slightly smaller than its average domestic equivalent, but it's pretty hard to see how it qualifies as a 'travel' hairdryer. That said, it's a very competent performer and boasts 2,000 watts.











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### 100 years of war art exhibit

For as long as the United States has gone to war, it has sent soldiers marching off to battle armed with paintbrushes, canvas, ink and sketchbooks.

With little public recognition, they have captured the sights and sounds of combat since the American Revolution.

Examples of Army soldiers' efforts over the past century will be on display in a new Philadelphia exhibit entitled Art of the American Soldier being held at the National Constitution Center.

There will be gallery talks, an audio tour with soldiers telling their war stories, and workshops and lesson plans to complement the exhibition.

An online art gallery also encourages veterans from all branches of the military to submit their own art expressing their personal war experiences.

More than 250 paint-

ings and sketches from World War I to the present provide a glimpse of the daily lives of soldiers, from the canteen to the stark, noisy and chaotic battlefield.

Many of the pieces in this exhibit have never before been on public view.

The exhibition runs from now through Jan. 10, 2011. For more information, go to constitutioncenter.org.

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# How to do comtort food the right way

Grilled cheese sandwiches are right up there with the best of cool-weather comfort foods and this is the time of year to enjoy

During a break from raking leaves or watching a football game on television, grilled cheese on bread or buns is just the solution to satisfy rumbling tummies, says a chef who recently won first prize for his creation at a national competition.

"When you get into cooler weather you want food that makes you feel good and toasted cheese sandwiches do the job," says Michael Howell, owner and chef of Tempest Restaurant in Wolfville,

The cook-off competition held in Toronto and run by Dairy Farmers of Canada pitched four chefs against one another to come up with the best grilled cheese sandwich.

Howell won for his Panini Toscano recipe using havarti and prosciutto on a ciabatta bun.

In fact, he and his wife, who have a booth at the Wolfville Farmers' Market on Saturdays, started servtheir customers



grilled cheese sandwiches on Texas toast, he says.

His favourite cheese is Gouda "because of its meltability." But he also likes to use havarti and mozzarella when grilling his sandwiches.

Chef Paul Rogalski, coowner and chef at Calgary's Rouge Restaurant, another contender at the cook-off held during the Canadian National Exhibition last month, is particularly fond of Canadian aged cheddar for his grilled sandwiches.

"I think it is one of the most important and versatile cheeses we have, and just about every Canadian refrigerator has a chunk inside, I bet," he

THE ASSOCIATED PRESS

#### **Preparation:**

- Manl bowl, mix together mayonnaise, lemon juice and zest and garlic and let flavours mingle for half an hour.
- Split fresh ciabatta in half and brush both sides liberally with lemon aioli.
- Layer 1 slice of havarti cheese on the bottom of the bun, then top with sliced figs, prosciutto, a couple of sprigs of arugula and finish with the other slice of cheese.
- Top with other side of the bun. Lightly brush outside of bun on both sides with extra-virgin olive oil. Place sandwich in a preheated panini press and grill until cheese is melting and bread is lightly marked.

- If using a grill or barbecue, place a weight on top of sandwich and flip halfway through cooking.
- Balsamic Vinaigrette: While sandwich is grilling, in a small bowl, combine vinegar, salt, pepper, Dijon, sugar and lemon juice. Slowly whisk in oil until incorporated.
- In another small bowl, dress arugula with 15 ml
- (1 tbsp) of the vinaigrette and place on a plate. Toss two slices of red pepper in same bowl to dress lightly and place on top of salad.
- When sandwich is ready, remove from press or grill and split in half diagonally.
- Place around salad and serve immediately.

Makes 1 serving. THE ASSOCIATED PRESS

#### Ingredients:

- 1 fresh ciabatta bun
- 15 ml lemon aioli • 1 ripe fig, 4 to 5 slices
- 2 slices prosciutto,
- · 2 slices harvarti cheese, 3
- mm thick • 30 g baby arugula
- 1/2 roasted red pepper, peeled and cut into 2-cm slices
- 15 ml balsamic vinaigrette

#### • Lemon Aioli:

- 50 ml prepared olive oil mayonnaise
- Juice and zest from 1/2 lemon
- 1 clove garlic, minced
- · Balsamic Vinaigrette'
- 5 ml balsamic vinegar
- Pinch each salt and pepper
- 2 ml Dijon mustard
- Pinch sugar
- Juice of 1/2 lemon
- 50 ml extra-virgin olive oil



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# most of your internship opportunity

Company cutbacks mean more chances to learn Students are competing with underemployed



It may be the most dull and demeaning chapter in your college or university expe-

INTERN TO-DO

#### Seek out a mentor

Don't leave the building without conducting a few tete-a-tetes with potential men-

tors.
"Pinpoint a few people in the organization whose jobs interest you, and ask them to meet with you," Generation Y career blogger Lindsey Pollak advises.

"Don't miss this opportunity to shoot fish in a barrel. During an internship, you are literally surrounded by informational interview prospects.'

rience: The grind of interning, showing up as free labour, relearning how to operate a copier or order doughnuts for a meeting.

Neglected interns should be forgiven for wondering if internships are just meaningless hype to splay across a still-sparse résumé. Yet the practice persists.

In fact, they're very necessary. "When you graduate ... now, if you don't have at least two internships on your résumé, you're not hirable," warns The Internship Bible author Samer Hamadeh.

The challenge, he offers, is to glean more from your time than a sentence to paste into your cover letter.

"Your internship is what you make it," agrees CareerBuilder.com coach Allison Nawoj.

Her latest study shows that America's jobless elders may have reached the same conclusion. This fall, she says, undergraduates will compete with the un-deremployed for nearly a quarter of all open internships.
"Not only has the reces-

#### **Make Friends**

Remember what counts

The best aift with which you can strut out of an internship isn't the résumé padding or connections it's the friendships with your fellow interns. These people are great contacts," Pollak says. "You never know where

your fellow interns are going to end up someday or who else they know right now."

METRO

sion reshaped internships so that they're more applicable to people later in their careers, but for younger workers, internships can mean more than filing papers," she notes. "Companies have scaled back and are relying on interns to fill the gaps.

Consider shadowing the person whose job you'd aim to have

'See what their jobs entail," Nawoj suggests. "Say, 'Hey, I see you do X, Y, Z. Can I help out with that.'"

#### Technology a smart investment

Most small business owners see technology as another expense, but what if it can save money — particularly when it comes to operating costs?

According to a recent survey by Angus Reid, 84 per cent of small business owners are focused on reducing wasted time and cutting costs. This was the case for Niki Brinton. founder of Cupid's Gourmet Cupcakes, which is why she turned to technology for help.

Brinton previously wrote everything on paper, but it was becoming too time consuming and extremely inefficient. To help manage growth, she invested in new technology.

"Today all of our costing, conversions, recipes and inventory ordering are paperless. The time efficiency and cost savings that I get from this one piece of technology is invaluable. I'm certain that

#### make the most

With the right technology in place, small business owners can spend more time focused on running their business, and make the most of limited time and resources whether in the office, at home, or on the road

my doors would close without it," says Brinton. NEWS CANADA

# How to avoid getting a roommate from hell

#### • Open dialogue key to sharing space, finding the right roommate

For countless college and university students living away from home, part of the adjustment to post-secondary life involves sharing close quarters with another newcomer on campus; the roommate.

campus: the roommate.

It's daunting enough making the leap to the education big leagues. But for students searching for their temporary home away from home, excitement can be coupled with apprehension about living with a stranger and being in an unfamiliar environment.

"There's always the worry or concern or anxiety from the students, 'What if I don't like my roommate? What if we don't get along?'" said D'Arcy Ryan, director of residence life at Concordia University in

#### Tips

Things you can do to make your roommate relationship gets off on the right foot

Make contact It's OK to have initial contact through email, roommates should try to chat by phone to get to know one another and to discuss expectations, habits, lifestyles and schedules.

Montreal.

"But within our history, we've rarely had issues or problems with our roommates, and we chalk that up to a strong admission process in that we ask them for their characteristics and qualities of themselves, and then what

Transition Meeting up prior to school starting and move-in day can help ease potential awkwardness and may help make the transition to shared living smoother.

Planning ahead Compare lists of things you plan to bring so that you don't end up with two microwaves or blenders in the room.

they're looking for in roommates."

That involves posing questions in advance about whether they're a morning or night person, among the factors examined when matching roommates, Ryan said.

Whatever their person-

"There's always
the worry or
concern or anxiety
from the students,
'What if I don't
like my
roommate? What
if we don't get
along?"" D'ARCY RYAN,
DIRECTOR OF RESIDENCE LIFE AT
CONCORDIA UNIVERSITY

al habits and preferences, it's critical that students are upfront in their applications, said Linda Fiore,

author of The College Roommate from Hell — Skills and Strategies for Surviving With a Problem Roommate (Atlantic Publishing).

THE CANADIAN PRESS



# WHEN A CONTRACTOR BECOMES AN EMPLOYEE

t's workplace law's newest phenomenon: employers, happy to unburden themselves from the various costs and liabilities associated with their employees, increasingly retaining "contractors" to perform the same services their employees did before.

Often their former employees are transformed into contractors and these "contractors," content to pay less taxes than they did before, are not about to complain. However, this arrangement is often a fraud. When these arrangements are challenged, courts are apt to find that the contractors were truly employees. No surprise there. The arrangement represented little else than label." Seldom will a label be sufficient. What actually matters is how the parties behaved.

When is a contractor actually an employee?

Despite signing an agreement stating that he was a contractor, sales agent Jose Santos was actually an employee. Over a 20-year peri-



od, Santos worked for a variety of different employers, selling vacuum cleaners and accessories manufactured by HMI industries Inc. When he eventually signed a contract with HMI directly, he was required to follow its policies and procedures, as well, as report to a director of sales.

Since contractors are not generally entitled to severance, when HMI ended the relationship, Santos sued for wrongful dismissal, claiming that he was actually their employee. Recently, the Quebec Court of Appeal heard his case and it agreed. The Court stated that it was not bound by what the parties called themselves, but rather, how they behaved. Here, Santos was closely su-

pervised by HMI and was under its control and direction. Although he had some independence in how he performed his job, it was not enough freedom to characterize him as truly independent from HMI.

Employers and employees continue to get this wrong. If you want to employ or be employed as a contractor, then do as follows: Ensure there is a clear separation between the employer's business and the contractor. Permit the contractor to perform services for others and to maintain genuine discretion over how and when the job is performed. Even an airtight contractor agreement will not be reliable unless the parties stick to what it says.



# Failing grade for student lunches

#### Lunch box study reveals poor nutritional food and drink choices

When dietitian Shannon Crocker agreed to go into four kindergarten classrooms in two Ontario elementary schools and check the contents of the children's lunch boxes, she was dismayed by what she found.

"Many were packed with poor food and drink choices such as cold hot dogs, gummy treats, sugary fruit beverages and packaged cookies," says the Ancaster, Ont., mother of two.

Kindergarten classes were chosen because Ontario began introducing its new Early Learning Program in September, which means thousands of fourand five-year-olds now attend school for a full day.

Crocker adds that many

LUNCH BREAKS

#### Helping kids get healthy

Jess Haines, assistant professor of Applied Nutrition at the University of Guelph, says it is important to ask what is the role of the provincial

lunches did not provide enough food for the long day the children were at school.

Her project coincides with the marking of World School Milk Day today. This annual international event celebrates the imgovernment and the schools in making sure that children have healthful foods.

"And can we use these findings to play up the very important role parents have and then to think how best to support families through nutritional education?" Haines asks.

THE CANADIAN PRESS

portance of milk in children's diets. It is actively supported and promoted by the Food and Agriculture Organization of the United Nations.

The schools chose to participate in the survey of lunches because Crocker

says they want to raise public awareness about the issue.

"Two schools, one in Toronto and the other in Hamilton, were chosen for the project," she says. "The schools are not identified out of respect for the families and the fact that nutritionally poor school lunches is a problem all across Canada."

Crocker and an assistant checked 82 lunches during the survey and found that 85 per cent had no vegetables and almost every container had one sugary treat and some up to five.

"Only five lunches in-

"Only five lunches included milk, but most of them had at least one sugary fruit-flavoured drink of little or zero nutritional



value," she says.

However, both schools were about to sign on to milk programs for their students in which a dairy delivers cartons to the schools daily, she says.

But Crocker found that most children had only one drink to get them through the day, while "some had nothing to drink at all."

However, she understands there are several reasons lunches may not make the grade.

"If a child doesn't eat much, parents might pack small amounts of food or busy mornings allow little time to assemble lunches," she suggests. "Money may be a factor or there may not have been much food in the fridge that day."

But her major concern is that parents may not understand the direct link between good nutrition and learning.

"As a dietitian what I want to see are the four food groups represented," Crocker say. "That would be a couple of servings of grain products such as whole grains rather than white bread.

"There should also be at least two servings of fruits and vegetables as well as milk or milk alternative such as yogurt or hard cheese."

THE CANADIAN PRESS

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# Reds end 15-year playoff absence

Jay Bruce's walk-off home run gives Cincinnati NL Central crown

Fifteen years of futility ended with Jay Bruce's one dramatic swing.

Bruce homered on the first pitch from Tim Byrdak leading off the ninth inning last night for a 3-2 victory over the Houston Astros that secured the NL Central title and touched off the long-awaited party in a city where cham-pagne sprays were commonplace in the '70s and

"There's nothing like it," said Bruce, who repeatedly got doused with bottles of Korbel champagne and 24-ounce cans of beer. It was a fitting finish to

the unexpected championship drive. Cincinnati has won 22 games in its last at-bat, second-most in the majors.

Drama found them all season long as they got into contention early, then held off the heavily favoured Cardinals.

"When he hit that one up there, there was a big sigh of relief and the party was on," manager Dusty Baker said.

With the title, Baker joined Bill McKechnie as the only managers to lead three different NL teams to the playoffs. Baker also has made it with the Giants and Cubs.

Left-hander Aroldis Chapman (2-2) pitched a perfect ninth, topping out at 101 mph while showing playoff opponents

#### Rays are in

The Tampa Bay Rays clinched their second playoff berth in three years last night, beating the Baltimore Orioles 5-0 behind another strong pitching performance by 19-game winner David Price.

Price (19-6) scattered six hits over eight innings and allowed only one runner past second base. He struck out eight and walked none in what likely will be his final start of the regular season.

nasty stuff they can expect.
The Reds sold 30.151

tickets for the clinching game — above-average for a cool September weeknight - and took the field almost tasting it. Second baseman Brandon Phillips said he doesn't drink and

said he doesn't drink and has never taken so much as a sip of champagne. "Everybody is looking forward to seeing me do it," Phillips said. "I don't know how it's going to taste. I don't know what's going to happen."

Most Reds were novices at the sip-and-spray tradi-tion. Four female fans in the upper deck wore shirts that, side-by-side, urged the home team to "Show Us The Bubbly.'

THE ASSOCIATED PRESS



## **Deal to send Carmelo** to Nets 'dead': Source

A four-way deal that would have sent Carmelo Anthony to New Jersey is "dead," a person with knowledge of the discussions said yes-

The person spoke to The Associated Press on condition of anonymity because he wasn't authorized to speak publicly about the trade. Anthony took the court with his Nuggets teammates on the first day of training camp yesterday.

But his days in Denver could very well be numbered even after the fourteam deal that also would included Charlotte and Utah collapsed.

The Nuggets could still listen to offers.

Anthony said after practice that the basketball court has become his "safe haven," a place where he doesn't have to "deal with all the other stuff."

THE ASSOCIATED PRESS



"Any time I step on the court, I'm going to give it my all, regardless of what's going on."

#### **Sports in brief**

#### **NFL** probing confrontation

PACKERS. The NFL is investigating a confrontation between Green Bay Packers safety Nick Collins and a fan after Monday night's loss to the Chica-

go Bears at Soldier Field. Milwaukee's WITI-TV aired video in which Collins is seen yelling at a fan as he left the field. Collins then appears to throw his mouthpiece in-

to the stands.

According to the station's report, Collins said the fan spit on him and used a racial slur.

#### **Rays offer** free tickets

MLB. Spurred by fan reaction to all-star Evan Longoria's criticism of Tampa Bay's home attendance, the AL East-leading Rays are making 20,000 free tickets available for tonight's game against the Baltimore Orioles.

Longoria called Monday's turnout "disheartening." THE ASSOCIATED PRESS



Quoted



"It's an awesome lesson learned for our young players, one I hope they're taking heed to. This league is about perseverance, this profession is about perseverance and taking advantage of opportunities when they're given. He's given them a shining, clear-cut example of that at this juncture."

STEELERS COACH MIKE TOMLIN, ON OUARTERBACK CHARLIE BATCH



#### **MLB**

AMEDICANTEACHE

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EAST DIVISION	l								
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#### AMERICAN LEAGUE

Last night's results N.Y. Yankees 6 Toronto 1 Detroit at Cleveland (ppd., rain) Tampa Bay 5 Baltimore 0 Seattle 3 Texas 1 Chicago White Sox 5 Boston 4 Kansas City 10 Minnesota 1 Oakland at L.A. Angels Monday's results Toronto 7 N.Y. Yankees 5 Toronto 7 N.Y. Yankees 5 Cleveland 6 Detroit 3 Baltimore 4 Tampa Bay 0 Seattle 7 Texas 5 Boston 6 Chicago White Sox 1 Kansas City 10 Minnesota 8 L.A. Angels 6 Oakland 5

Today's games (All times Eastern)

Seattle (J.Vargas 9-12) at Texas (Harden 5-5), Oakland (Cramer 2-1) at L.A. Angels (Pineiro 10-7), 3:35 p.m. Detroit (Verlander 18-8) at Cleveland (Tomlin

Detroit (Verlander 12-3) at Cleverand (Tomin 5-4), 7:05 p.m. N.Y. Yankees (Pettitte 11-3) at Toronto (Cecil 14-7), 7:07 p.m. Baltimore (Millwood 3-16) at Tampa Bay (Nie-

mann 11-7), 7:10 p.m. Boston (Beckett 6-5) at Chicago White Sox

(F.Garcia 11-6), 8:10 p.m. Minnesota (S.Baker 12-9) at Kansas City (Hochevar 6-6), 8:10 p.m.

#### **WILD CARD**

AMERICAN	LEAGUE
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NY Yankees	93	64	.592	-	

Last night's results
Washington 2 Philadelphia 1
Atlanta 3 Florida 2
Cincinnati 3 Houston 2
N.Y. Mets 4 Milwaukee 3 Pittsburgh 7 St. Louis 2 L.A. Dodgers 9 Colorado 7 Chicago Cubs at San Diego Arizona at San Francisco Philadelphia 8 Washington 0 Atlanta 2 Florida 1 (11 ings.) Milwaukee at New York (ppd., rain) St. Louis 6 Pittsburgh 4 L.A. Dodgers 3 Colorado 1 L.A. Dodgers 3 Colorado 1 Chicago Cubs 1 San Diego 0 Today's games Pittsburgh (Ja.McDonald 4-5) at St. Louis (Walters 1-0), 1-40 p.m. L.A. Dodgers (Kershaw 13-10) at Colorado (L/Chacin 9-10), 3-10 p.m. Milwaukee (Gallardo 14-7) at N.Y. Mets (Niese 9-10), 4:10 p.m., 1st game Florida (A.Miller 1-4) at Atlanta (D.Lowe 15-Florida (A.Miller 1-4) at Atlanta (D.Lowe 15-12), 4:35 pm. Philadelphia (Blanton 8-6) at Washington (De-twiler 1-2), 7:95 p.m. Houston (Figueroa 5-4) at Cincinnati (Cueto 12-6), 7:10 p.m. Milwaukee (Bush 7-13) at N.Y. Mets (Dickey 11-8), 7:40 p.m., 2nd game Chicago Cubs (KWells 8-13) at San Diego (C/Young 1-0), 10:05 p.m. Arizona (Likennedy 9-9) at San Francisco (Lincecum 15-10), 10:15 p.m.

**NATIONAL LEAGUE** 

San Diego

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NATIONAL LEAGUE

Cardiff 0 Crystal Palace 0 Coventry 2 Doncaster 1 Derby 3 Middlesbrough 1 Derby 3 Middlesbrough 1 Leeds 4 Preston 6 Norwich 4 Leicester 3 Nottingham Forest 1 Sheffield United 1 Portsmouth 3 Bristol City 1 Scunthorpe 0 Barnsley 0 Watford 2 Swansea 3 Queens Park Rangers 0, Millwall 0 Paedina 1 Loveich 0 Reading 1 lpswich 0

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Golson pr-rf	1	1	0	1	JBautst rf	3	0	0 0
Teixeir 1b	2	0	1	1	V.Wells cf	4	0	1 0
ARdrgz 3b	3	0	1	2	Overay 1b	4	0	0 0
Cano 2b	3	0	0	1	A.Hill 2b	3	0	0 0
Posada c	4	0	1	0	J.Buck c	3	0	0 0
Brkmn dh	3	0	0	0	Encrnc 3b	3	0	0 0
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AMERICAN LEAGUE

New York Sabathia W.21-7 81-3 3 1 1 2-3 0 0 0 Ma.Rivera Toronto Drabek L,0-3 6 5 3 11-3 2 2 0 0 0 2-3 2 1 1 0 0 Mills

Janssen
Roenicke pitched to 1 batter in the 8th.
Purcey pitched to 3 batters in the 9th.
WP—Drabek 2.
Umpires—Home, Mark Carlson; First, Jeff Kel-

logg; Second, Larry Vanover; Third, Jeff Nelson. T—2:55. A—18,193 (49,539) at Toronto.

#### SOCCER

#### MLS

Tonight's games (All times Eastern) Philadelphia at Colorado, 9 p Chicago at San Jose, 11 p.m. Saturday's games Toronto FC at Seattle, 3:30 p.m. Houston at Philadelphia, 4 p.m. San Jose at Columbus, 7:30 p.m. Real Salt Lake at New England, 7:30 p.m.

Kansas City at New York, 7:30 p.m. Chicago at FC Dallas, 8:30 p.m. D.C. United at Colorado, 9 p.m.

Sunday's game Los Angeles at Chivas USA, 8 p.m.

#### **CHAMPIONS LEAGUE**

Yesterday's results First round

Group E

Basel (Switzerland) 1 Bayern Munich (Ger AS Roma (Italy) 2 Cluj (Romania) 1

Group F
Chelsea (England) 2 Marseille (France) 0
Spartak Moscow (Russia) 3 Zilina (Slovakia) 0
Group G Ajax (Netherlands) 1 AC Milan (Italy) 1

Auxerre (France) 0 Real Madrid (Spain) 1 Group H

Braga (Portugal) 0 Shakhtar Donetsk (Ukraine) 3 Partizan Belgrade (Serbia) 1 Arsenal (England) 3

#### **ENGLAND**

#### LEAGUE CHAMPIONSHIP

Yesterday's results Burnley 4 Hull 0

#### NHL

#### **PRE-SEASON**

Last night's results New Jersey 3 Philadelphia 2 Washington 3 Boston 2 Pittsburgh 4 Chicago 1 Columbus 3 Minnesota 2 (SO) Colorado 2 Dallas 1 Calgary 3 Phoenix 1 San Jose at Vancouver Anaheim at Los Angeles At Dundas, Ont. Buffalo vs. Ottawa Tonight's games Detroit at N.Y. Rangers, 7 p.m. Nashville at Atlanta, 7 p.m. N.Y. Islanders (ss) at Philadelphia, 7 p.m. Washington at Boston, 7 p.m. Carolina at Florida (ppd., weather threat) Toronto at Ottawa, 7:30 p.m. Phoenix at Edmonton, 9 p.m Calgary vs. N.Y. Islanders (ss) at Saskatoon Saskatchewan, 9 p.m. Vancouver at San Jose, 10:30 p.m. Tomorrow's games Buffalo at Montreal, 7:30 p.m.

#### Chicago at St. Louis, 8 p.m. Columbus at Minnesota, 8 p.m. Colorado at Dallas, 8:30 p.m. SABRES 2, SENATORS 1

1. Buffalo, Niedermayer (unassisted) 11:31

Penalties — Weber Buf (holding) 7:55, Montador Buf (holding the stick) 11:14.

Second Period

2. Ottawa, Wiercioch (unassisted) 19:47 (pp)

Penalties — McCormick Buf (hooking) 3:29. McCormick Buf (fighting), Bass Ott (fighting) 5:48, Benoit Ott (roughing) 7:22, Neil Ott (slashing) 14:58, McCormick Buf (roughing double minor), Gryba Ott (roughing) 18:25. Third Period

3. Buffalo, Pominville (Adam) 11:14

Penalties — McCauley, Buf, (fighting), 18:19; Carkner, Ott, (roughing, fighting), 18:19. Shots on Goal by:

Buffalo Ottawa Ottawa 11 4 5 20. **Goal** (shots-saves) — Buffalo, Miller 2-0-0 (20 shots-19 saves). Ottawa, Lehner 1-1-0 (26-

ver plays (goals-chances) — Buffalo 0 of 0;

Ottawa 0 of 0.

Referees — Bill McCreary, Paul Devorski. Linesmen - Mark Shewchyk, Derek Amell. Attendance 980 (980) at Dundas, Ont.

#### COYOTES 3, FLAMES 1 First Period

1. Calgary, Iginla 2 (Jokinen) 0:17 2. Phoenix, Doan 3 (Wolski) 5:36 **Penalties** - Jackman Cal (tripping) 7:41, Morris Phx (interference) 10:16, Hagman Cal (slashing) 14:43, Conroy Cal (tripping) 16:47.

#### cond Period

3. Calgary, Hagman 2 (Backlund) 1:20

Penalties - Pyatt Phx, Pardy Cal (fighting)
1:48, Hanzal Phx (hooking) 9:07, Whitney Phx (hooking) 11:08.

#### Third Period

4. Calgary, Brodie 3 (Hagman) 5:36

Penalties - Doan Phx (holding) 0:31, Rheault
Cal (interference) 2:42, Staios Cal (slashing) 6:10, Morris Phx (elbowing) 12:27, Jackman Cal (tripping) 15:35.

Goal (shots-saves) - Phoenix: LaBarbera (L, 1-1-0); Calgary; Karlsson (W. 2-0-0). Power plays (goals-chances) - Phoenix: 0-6; Referees - Brian Pochmara, Dennis LaRue. Linesmen - Ryan Galloway, Don Henderson.

Attendance - 19,289 (19,289) at Calgary.

#### AMERICAN CONFERENCE

N.Y. Jets Miami New England Buffalo	2 2 2 2	1 1 1 3	0 0 0	.667 .667 .667	PF 68 52 90 47	PA 47 51 82 87
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Houston Indianapolis Tennessee Jacksonville	2 2 2 1	1 1 1 2	0 0 0	.667 .667 .667	77 89 78 40	78 61 42 83
NORTH						
Pittsburgh Cincinnati Baltimore Cleveland	3 2 2 0	0 1 1 3	0 0 0	1.000 .667 .667 .000	72 59 44 45	33 55 41 57
WEST						
Kansas City San Diego Denver Oakland	3 1 1 1	0 2 2 2	0 0 0	1.000 .333 .333 .333	68 72 61 52	38 61 65 76

#### NATIONAL CONFERENCE

EAST						
Philadelphia Washington Dallas N.Y. Giants	2 1 1	1 2 2 2	0 0 0 0	Pct .667 .333 .333 .333	PF 83 56 54 55	PA 62 67 53 85
SOUTH						
Atlanta New Orleans Tampa Bay Carolina	2 2 2 0	1 1 1 3	0 0 0 0	Pct .667 .667 .667 .000	PF 77 63 50 32	PA 46 58 59 71
NORTH						
Chicago	W	L	T	Pct	PF	PA

•	Green Bay Minnesota Detroit	1 0	1 2 3	0 0	.667 .333 .000	78 43 56	47 38 78
	Seattle Arizona St. Louis San Francisco	W 2 2 1 0	1 1 2 3	T 0 0 0	Pct .667 .667 .333 .000	PF 72 48 57 38	PA 57 77 49 87

#### WEEK 3

Monday's result Chicago 20 Green Bay 17

Byes: Dallas, Kansas City, Minnesota, Tampa Bay Byes: Dallas, Kansas City, Minnes Sunday's games Denver at Tennessee, 1 p.m. Detroit at Green Bay, 1 p.m. N.Y. Jets at Buffalo, 1 p.m. Seattle at St. Louis, 1 p.m. San Francisco at Atlanta, 1 p.m. Saltimore a Dittsburgh 1 p.m.

Baltimore at Pittsburgh, 1 p.m. Carolina at New Orleans, 1 p.m. Cincinnati at Cleveland, 1 p.m. Houston at Oakland, 4:05 p.m. Indianapolis at Jacksonville, 4:05 p.m. Indianapolis at Jacksonville, 4:05 p.m. Arizona at San Diego, 4:15 p.m. Washington at Philadelphia, 4:15 p.m. Chicago at N.Y. Giants, 8:20 p.m. Monday, Oct. 4 New England at Miami, 8:30 p.m.

#### **CFL**

#### **WEEK 14** EAST DIVISION

#### GP W L T PF PA Pt 12 9 3 0 388 290 18 x-Montreal

Hallilloll	12	0	0	U	732 210	14
Toronto	12	6	6	0	243 317	12
Winnipeg	12	3	9	0	331 333	6
WEST DIVI	SION					
Calgary	12	9	3	0	406 274	18

Winnipeg at B.C., 10 p.m Sunday's game Hamilton at Edmonton, 4:30 p.m.

#### **TRANSACTIONS**

#### **BASEBALL**

LEAGUE OFFICE—Announced the resignation of chief operating officer Bob DuPay, effective

MLBPA—Announced the retirement of chief operating officer Gene Orza, effective March 31, 2011.

NATIONAL LEAGUE
MILWAUKEE BREWERS—Named Dick Groch
special assistant to the general manager in charge of pro scouting and player personnel, Zack Minasian director of professional scouting and Karl Mueller director of video scouting and baseball research.

#### **BASKETBALL**

CHARLOTTE BOBCATS—Signed C Matt

LOS ANGELES CLIPPERS—Exercised their fourth-year contract option on G Eric Gordon and their third-year option on F Blake Griffin. SAN ANTONIO SPURS—Signed G Kirk Penney.

#### **FOOTBALL**

ARIZONA CARDINALS—Re-signed CR A. I. ARIZONA CARDINALS—Re-signed CB A.J.
Jefferson to the practice squad.
BUFFALO BILLS—Re-signed QB Levi Brown.
CAROLINA PANTHERS—Released DT Louis

Leonard.

JACKSONVILLE JAGUARS—Claimed QB
Jaguars Trent Edwards off waivers from Buffalo. Waived LB Alvin Bowen.

NEW YORK GIANTS—Placed S Michael Johnson on injured reserve. Promoted DB Brian Jackson from the practice squad. SEATTLE SEAHAWKS—Signed WR Brandon Stokley, OL Allen Barbre and OL Breno Giaco-mini. Released RB-FB Quinton Ganther, OL Milke Gibson and OL Mansfield Wrotto. Cana-dian Football League WINNIPEG BLUE BOMBERS—Signed RB Jonathan Hefney.

#### **HOCKEY**

CHICAGO BLACKHAWKS—Assigned F Hugh Jessiman to Rockford (AHL), Returned F Lud-Jessiman to Rockford (AHL). Returned F Ludvig Rensfeldt to Brynas IF (Sweden).

NASHVILLE PREDATORS—Assigned F Matt
Halischuk, F Linus Klasen, F Nick Spaling, F
Andreas Thuresson, F Kelsey Wilson, D Teemu
Laakso, D Grant Lewis, D Brett Palin and G
Chet Pickard to Milwaukee (AHL).

NEW JERSEY DEVILS—Assigned D Tyler Eckford, D Olivier Magnan-Grenier, F Patrick
Davis E Stenben Gindta E Pasid MeIntyre F
Davis E Stenben Gindta E Pasid MeIntyre F Davis, F Stephen Gionta, F David McIntyre, F Brad Mills, F Tim Sestito, F Michael Swift, I Alexander Vasvunov, F Chad Wiseman and F Vladimir Zharkov to Albany (AHL). NEW YORK ISLANDERS—Agreed to terms with D Mike Mottau on a two-year contract.
ST. LOUIS BLUES—Assigned F T.J. Hensick to

PROVIDENCE BRUINS—Announced F Jamie Arniel has been assigned to the team by Roston (NHL)

#### **FCHI**

IDAHO STEELHEADS-Agreed to terms with D Mike Gabinet. READING ROYALS—Signed Tim Branham as a player/assistant coach

#### **LACROSSE**

CALGARY ROUGHNECKS—Signed F Daryl Veltman to a two-year contract and F Brandon Ivey, F Jordan Sealock and G Greg Hallett to one-year contracts.

## NOT JUST A CLUB, IT'S THE CLUB.





# Who says you can't have fun for \$26K?

- **○** 2010 Honda Civic Si adds new meaning to the term 'bang for your buck'
- Performance coupe gets you on the fast lane without the gas pump shock



Having monster engines with 400 and 500 hp is all well and good, but when it takes the high side of \$100 to fill the tank, well, there has to be an alternative.

Honda believes it has an answer to providing performance while staving off gas pump shock with the 2010 Civic Coupe Si.

The Coupe Si shares the same "one-motion" profile concept of the current Civic line with a steep windshield rake, negligible front and rear overhangs, and a reduced gap between the wheel wells and the tires for a sweeping, cohesive appearance.

While the standard Civic Sedan/Coupe has a 1.8-litre engine with 140 hp and 128 lb/ft of torque, the Coupe Si has a modelspecific 2.0-litre, DOHC four-cylinder with 197 hp and 139 lb/ft of torque. Honda uses variable valve timing along with all the knowledge gained through motorcycle and Formula One racing to extract the kind of highrevving power that just sings out.

In fact, this car can hit the 7,800 rpm redline so fast, there is a red warning light set high on the dash that starts flashing at 7,400 rpm as you approach top end.

The interior treatment is unique to the Coupe Si with red stitching on the seats and front seat bolsters so big; you almost have to climb in over them.

The Si shows that motoring in a quick and tidy manner does not have to cost the better part of fifty grand.

What the Civic Si does is prove that you can have

#### The specs

2010 HONDA CIVIC SI

- VEHICLE TYPE Compact performance coupe
- ► PRICE \$25,880
- ► ENGINE 2.0-litre, DOHC inline four-cylinder engine (197 hp, 139 lb/ft)
- ► FUEL ECONOMY (Premium) 10.2L/100 km city, 6.8L/100 km highway

fun and be practical at the same time, which when you think about it, is what Civics have been all about since 1973.



In brief



Korean car company Kia is following some great new models with its first ever EV, to be shown at the **Paris motor** show this weekend. The Pop is just three metres long, with a three-seater layout, two upfront and one behind the passenger. METRO WORLD NEWS





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# Shape of people movers to come

#### You can't do much better than 2011 M-B R-Class when it comes luxury SUVs

#### DREAM CAR

LORNE DRURY

DRIVE@METRONEWS.CA

If the 2011 Mercedes-Benz R-Class is the new shape of the modern minivan, then bring them on!

It has to be one of the classiest looking people movers on the planet, yet for some reason the R-Class really hasn't caught on with the public since its introduction in 2006.

Sure, the price tag north of \$50K is a roadblock for many, but I really don't understand why anyone shoppremium crossover market wouldn't

take a look at the R-Class because it offers great versatility, solid performance and a handsome face.

Mercedes-Benz set out to redesign the vehicle for 2011. The new model has significant changes to the front end, but it basically stays true to its roots as one of the vehicles that invented the crossover craze.

The R-Class now has a more macho look up front and more of a road presence, something the previ-ous generation may have

Mercedes-Benz has nine different variations of the R-Class worldwide, but in Canada only two models are available -the R350

#### The specs

2011 MERCEDES-BENZ R-CLASS

- VEHICLE TYPE Four-door 'SUV Tourer.'
- PRICE NA
- ENGINE 3.5-litre V6; 3.0-litre V6 turbodiesel
- FUEL ECONOMY (Est.) BlueTEC 4MATIC 8.4-8.5L/100 km combined

4MATIC and R350 BlueTEC

On the open road, the R-Class is a treat to drive. As Mercedes-Benz senior product manager for the R-Class Markus Rubenbauer puts it, "this car turns travel into a pleasant experience."

Up to seven passengers can enjoy that 'pleasant experience.' An attractive twotone interior treatment is new for this year along with new gauges. Lots of aluminum, chrome and wood trim accents give it a rich, luxurious look and feel. So while the R-Class is a big and heavy vehicle, it has a great deal of versatility with the variety of seating configurations and cargo capacity.

To me, it is one of the best looking and luxurious SUVs (or crossovers) on the market and deserves a look for anyone shopping the premium luxury market.



### **Focus tested** to the extreme

The next generation Ford Focus has been tested in some of the most extreme locations on the planet, over frozen lakes, across the hottest deserts and up and down high Alpine passes to ensure impec-cable reliability and dependability wherever it

While many of these tests focus on how such climate extremes affect the performance of the vehicle, the comfort of the driver and passengers in these tough conditions is equally important.

Ford's climate control test team travels the world to ensure that the car's EATC (Electronic Automatic Temperature Control) system can handle any conditions. The system needs to be able to cool the occupants down quickly and comfortably in scorching sun and warm them up just as rapidly when the temperature drops.

In the next generation Focus, the EATC system cools occupants more comfortably and efficiently than ever before. The fans are

quieter and are capable of moving cool air through the cabin more quickly. The team's task is to fine-tune this system.

One of the team's regular testing locations is Antequera in Southern Spain. In the height of sum-

mer this is one of the hottest places in continental Western Europe, with temperatures regularly rising above 40

One of the main challenges for the team is that customers in North America have different preferences to their European counter-parts, so the two test vehicles have different calibrations.

North American customers generally like to feel a strong cooling effect while the European customer preference is for the cabin to be cooled but not to feel chilled. This is where the team's experience in subjectively evaluating the system comes in. The sensors can monitor actual data, but the human experience is just as important.







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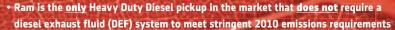


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# BAD DRIVING WRITTEN IN THE STARS?

People will be predisposed to be good or less good at pretty much every endeavour under the sun.

ut it always surprises me how clean is the cleave between those who have some grace or intuition behind the wheel, and those whose every drive is fraught with in-trepidation and confusion and

anger — like instead of driving they were actually engaged in trying to assemble Ikea furniture.

I remember a performance driving instructor once remarking to me that it was difficult to teach "smoothness" to prospective racing car drivers — they

sometimes got quicker, but never smoother than the drivers that started

out smooth.

In addition to innate physical or neurological differences, you know that personality type also has to figure into the driving equation. For example, overly aggressive types can be awful drivers, as can be overly timid drivers.

My observation is that

My observation is that people are generally decent drivers, regardless of personality or attributes (physical or otherwise), when they bring "anticipation" and "mechanical sympathy" to the task at hand. Thinking a couple of steps ahead keeps you from having sphincter moments, and understanding a bit about the "horse" underneath you will surely help you from getting thrown off.

Trying to accelerate out of a snow bank by immediately nailing the accelerator is always a telltale sign of someone who has absolutely no bond with his horse.

Of course there is, and always has been, some stereotyping about driving capabilities along gender and age lines —



#### Watch the signs

Insurance Hotline's Lee Romanov runs a website called carcarma.com that lists driver types according to zodiac signs (tongue firmly in cheek, of course). Here's the rundown from worst to best:

- LIBRA not good at snap decisions
- AQUARIUS inflexible and rebellious
- ARIES impatient and warrior-like

something that's reflected in insurance premiums. For example, teenage boys, who are perceived to be risk takers, pay a lot more than teenage girls.

"I hate that," says Lee Romanov. of PISCES sign of directionally-challenged fish, enjoy

- daydreaming

  SCORPIO dominating and vengeful
- ► TAURUS sign of the obstinate Bull, charges red lights
- SAGITTARIUS experienced risk takers
- CAPRICORN goal orientedVIRGO attention to detail
- CANCER homebodies, view other motorists as family
- GEMINI original multi-taskers
- LEO Generous, comfortable sharing

InsuranceHotline.com. "This industry (vehicle insurance) is the only one that still allows for ratings based on stereotyping. No one else does that. You have responsible girls and you have responsible boys

— that's the bottom line. You shouldn't be quoted based on what they think you might do in the future."

With tongue in cheek (I think), Romanov notes that the biggest influence over how good a driver you are is actually your Zodiac sign. She examined the driving record of over 100,000 people with varying Zodiac signs, and said the results were "overwhelmingly" clear: drivers with certain Zodiac signs seemed destined to have more accidents. while other signs were destined to have more tickets. (See accompanying chart for rankings, and her website, carcarma.com, for your own personal Zodiac driving profile).

Libras are the worst.
They're not good at making snap decisions, and their propensity for creating balance and harmony, makes them politely flag drivers through, which often causes others to rearend them.

What do you think Mr. or Ms. Libra? Were you born bad, or made bad? Or a victim of a conspiracy theory? Either way, food for thought.



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metronews.ca
wednesday, september 29, 2010

# Tech that helps you stay safe

◆ Automakers offering plenty of choices ◆ Some safety features that are now standard in most cars

accidents

(ABS):



Canadian shoppers are demanding more from their vehicles than ever, and carmakers are working over-time to deliver.

In addition to increased fuel efficiency, dependability and feature content, today's driver wants a vehicle that offers exceptional safety, too. Here's a look at some of the most common and important safety features you'll likely find standard or available on your next new ride.

#### Electronic Stability Control (ESC)

Marketed under various trade names like 'VSC' or 'StabiliTrak', Electronic Stability Control helps keep drivers out of dangerous skids by monitoring vehicle behaviour, cutting engine power and even self-applying individual brakes as needed to compensate for a loss of traction.

Since the computer-controlled system reacts more quickly, consistently and precisely than a human driver, it can often neutralize a potential skid condition before the driver has time to react to it.

Many ESC systems in larger crossover and SUV models even feature preemptive rollover mitigation programming for additional security against rollover



fore. In addition to standard antilock, many carmakers also offer both Electronic Brake Distribution (EBD) and Brake Assist (BA). Electronic Brake Distribution (EBD) works to meter out stopping power on a wheel-by-wheel basis based on the available trac-

tion at each corner of the vehicle. By applying a 'justright' amount of stopping power to each wheel, EBD can compensate for varying surface traction or an unevenly-loaded vehicle—ensuring all stops occur with stability and predictability.

dictability.

Brake Assist (BA) automatically boosts stopping power if a 'panic' stop situation is detected, compensating for a natural tendency of drivers not to apply enough stopping power in an emergency situation.

#### Bluetooth

Talking on the phone while driving is a good way to get into an accident — but Bluetooth makes it safe and easy. By connecting wirelessly to your cellular handset, a Bluetooth phone system allows calls to be handled by steering-wheel mounted buttons, with audio played through the vehicle's stereo system and picked up by a built-in microphone.

#### **Active Head Restraints**

Whiplash can be a serious and debilitating injury—so many carmakers are offering Active Head Restraints to combat it. In the event your vehicle is rearended, specially-designed headrests offer additional support when and where it's needed to prevent heads from "snapping" back, helping to reduce potential injuries.

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## Lexus adds to hybrid lineup

The all-new 2011 CT 200h premium compact hybrid brings a contemporary, stylish flare to Lexus' hybrid lineup.

brid lineup.
As the fifth Lexus hybrid, the CT 200h benefits from a new platform incorporating numerous, exclusively developed body, chassis and Lexus Hybrid Drive engineering applications designed to offer customers a choice of distinct driving modes: Sport, when the driver wants a more dynamic experience, or Northern and the driver wants a more dynamic experience, or Northern and the driver wants a more dynamic experience, or Northern and the driver wants a more dynamic experience, or Northern and the driver wants a more dynamic experience, or Northern and the driver wants a more dynamic experience, or Northern and the driver wants a more dynamic experience, or Northern and the driver wants a more dynamic experience, or Northern and the driver wants a more dynamic experience, or Northern and the driver wants a more dynamic experience, or Northern and the driver wants a more dynamic experience.

mal, Eco, or EV to satisfy more typical day-to-day driving needs.

Supplementing the Normal drive mode of the new Lexus full hybrid compact's seamless, Electronically-Controlled Continuously Variable Transmission (E-CVI), three drive modes may be selected to fit the driver's needs or mood, while further improving either performance and dynamic ability, or driving efficiency, fuel economy and emissions.

EV, ECO and Normal drive modes place the emphasis on more relaxed driving, with particular attention paid to ride comfort, smooth acceleration and the minimization of NVH within the body, chassis and powertrain.

sis and powertrain.
From start-up and at speeds of less than 40 kilometres per hour, the CT 200h can operate in EV mode for just under two kilometres driving under electric motor power alone.

FROM CARGUIDE







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# More power to electric steering

Ford's system cuts down fuel usage • Technology available in new Ford F-150

#### DRIVING **FORCE**

JIL McINTOSH

DRIVE@METRONEWS.CA

Cars are easy to drive because of power steering, which reduces the effort needed for the driver to turn the front wheels. Traditionally this has been done with a fluid-filled hydraulic pump, but today, many automakers are turning to electric power-assisted steering (EPAS), which uses an electric motor instead.

Ford uses the system on its 2011 F-150 pickup truck. It's variable-assist, meaning that the steering feels lighter at low speeds so it's easy to steer when parking, and gets tighter at high speeds to give the driver confidence.

"It saves up to 4 per cent fuel economy, versus a hydraulic system where the pump runs all the time whether you're time whether you're steering or not," says Garry Smith, EPAS Supervisor for Ford in Dearborn, Michigan.

"This is an on-demand system. When you're pointing straight ahead it's using almost no power, just enough to run the computer (that controls it). You spend about 90 per cent of your time driving straight ahead with a typical driver."

The system combines information from a variety of sensors, including those that measure vehicle speed and steering wheel position, and deter-mines how much assist to provide. More commonly found in cars, Smith says this is the first time EPAS has been used in a volume-production truck.

"The challenge was to

#### Steering facts

- Hydraulic power steering pumps run all the time, powered by the engine, which uses more fuel because of it.
- Electric power steering works only when needed and is operated by an independent electric motor, and can improve fuel economy by about 4 per cent. However, engineers must "tune" it to get a smooth, natural steering feel that drivers prefer.

Electric power steering is also maintenance-free, unlike hydraulic pumps, which must be filled with hydraulic oil that should be periodically changed.

steer a heavy vehicle with only 12 volts available," Smith says.

"That was the key hurdle to putting it in a truck. There's only so much electrical power available with a typical 12-volt battery system in a truck, even with the largest alternator, and this pulls a lot of current.

"We use an intelligent energy management system that always puts power to things like the steering or the headlights, and draws it from others to even out the energy load. If you're using the power steering a lot, when you're making several turns, it will turn things like the heated seats and rear defroster off and then back on.

"It's imperceptible to the driver; you'll never notice it. There's no compromise in that the power always has to be there for steering, but other things can be turned back a bit That's how we were able to do this on a truck.'



▶ Nissan has offered a teasing peek at its new concept car which will be revealed at the Paris Motor Show.

# to unveil Townpod

At the forthcoming Paris Motor Show, Nissan will be unveiling for the first time a concept vehicle that offers insight into how Nissan could expand its portfolio of zero-emission vehicles.

Called Townpod, the combines eyeconcept catching design with a spacious and practical interior.

It is designed to offer zero-emissions mobility to a future generation of homebased, innovative entrepreneurs who are creative and tech-savvy.

It is more than just a car and it's more than just a van — it heralds a new-era of flexible, stylish vehicles that will bring electric-vehicle mobility to the mass-

And, continuing the zero-emissions theme, shortfirst before the European customer deliveries begin early next year, Nissan LEAF will be making its Paris Motor Show debut.

Nissan LEAF is a 100 per cent electric vehicle (EV), promising zero tailpipe emissions and low running

It is the first purpose-designed, mass-produced af-fordable EV from any major motor manufacturer and is just the first in a range of EVs due from the company.

Power comes from a Nissan-developed compact electric motor positioned at the front of the car to drive the front wheels. The AC motor develops enough power for a maximum speed of more than 140km/h (90 mph). A full battery charge de-

livers a range of approximately 160km, which will meet the daily needs of 80 per cent of European customers.

The electric motor is 'fuelled' by a Nissan-develoned laminated lithium-ion battery with a power output of more than 90kW. The 48-module battery is mounted under the seats and floor of Nissan LEAF.

Regenerative energy reclaimed under braking and coasting is fed directly to the battery to ensure minimum waste of energy.

FROM CARGUIDE

## Volvo adds two new engines

Volvo's engine range is launching two new fourcylinder 1.6-litre gasoline engines, T3 and T4, featuring the very latest direct injection technology

The GTDi (Gasoline Turbocharged Direct Injection) concept was developed to offer improved fuel consumption without compromising on performance.

The 1.6 GTDi T3 features 150 hp while the T4 offers 180 hp and both will be available in the all-new Volvo S60 and V60 in late 2010.

Direct injection with spray-dosage multi-hole

On both 1.6-litre engines, each injector has been positioned centrally above the piston, just beside the spark plug.

The injectors have six holes each which offer finely atomized fuel dis-

In cold starts, this injection technology also contributes to quick heating of the catalytic converter, which in turn speeds up the exhaust cleaning process.

Direct injection gives a high fill rate in the combustion chamber.

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# Impreza's got loyal fans

## Subaru model may not be very popular but enthusiasts share a special bond with sporty car

#### SECOND GEAR

JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

The Subaru Impreza has always been an enthusiast's car that packed quirky styling, unique powertrains and earned a loyal following of fans after year-round sporty performance.

All models, including the last-generation (2002 to 2007 model years inclu-

#### The specs

- MODEL 2002 to 2007 Subaru Impreza
- VEHICLE TYPE Sedan or five-door
- PRICE RANGE \$6,000 to \$25,000

sive), got a decision-free All Wheel Drive (AWD) system and horizontally-opposed four-cylinder boxer engine. The boxer engine sets the pistons against one another in a flat, wide configuration which lowers the car's centre of gravity for more nimble handling. It sits closer to the road than a traditional in-line engine, and is easily dislodged in the case of an accident-making it a safety feature as well.

2006 saw the engine updated, upping power output slightly to 173 ponies. Automatic or manual transmissions are both available.

Models from 2004 and onwards were fitted with upgraded suspension components for a better ride, as well as added convenience features. Depending on the model and year, look for features like power windows, mirrors, locks, air



conditioning, cruise control and tilt steering.

#### What Owners Like

Not surprisingly, lastgeneration Impreza owners mostly enjoy the vehicle's driving experience, wintertime traction, performance and the added utility of the five-door model.

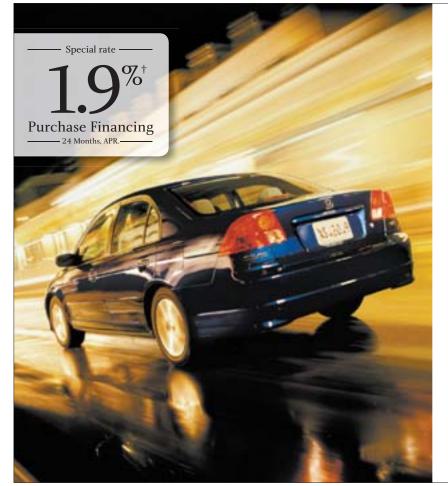
#### What Owners Hate

Common complaints include a rough ride on some models, as well as limited rear-seat space, controversial styling on certain models, and a plain, low-key appearance.

#### **Common issues**

On earlier models, a possibly faulty clutch line and slave cylinder may result in a limp clutch pedal. Squeaks and rattles are the next most commonly reported problems.

Though largely proven and known to be 'bulletproof', the Impreza did suffer from what appears to be a fairly common head-gasket related problem.



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#### Crossword

Across 1 Honest politician 4 Spring 8 Unrivaled 12 Water barrier 13 Frizzy coiffure 14 State with certainty 15 Sapporo sash 16 Rodgers and Hammerstein musical 18 John's 2008 running mate 20 Vast expanse 21 Salon request 24 Wept 28 Accesses to greens 32 Busy with 33 Curved path 34 Struck, old-style 36 Pool stick 37 Maintain 39 Don't cheat 41 Simplifies 43 "Sopranos" actress

50 "Cinderella", e.g. 55 — de Oro 56 Hodgepodge 57 Foolish sort 58 Lennon's lady 59 \$50 "Monopoly" 60 Automaker Ransom Eli -61 Homer's neighbor

de Matteo

AA As well

46 Periury

#### Down

- 1 Commotions 2 Rum cake
- 4 Kidney-shaped nuts
- 5 Frequently

- 3 Eastern potentate
- 6 Playwright Levin

10 13 14 12 15 16 17 18 22 23 24 25 26 28 29 33 35 36 37 38 40 41 46 47 48 49 45 50 51 52 53 55 56 58 57 59 60 61

#### 7 Many 30 Summer desserts 8 Jungle trek 31 Celeb 35 Holes for shoelaces 9 Eggs 10 Mainlander's me mento 40 Actress Wray 11 Mess up 42 Sauce source 17 Common Mkt. 47 Press 19 Taxpayer's mo. 48 Baseball team 22 Freeway access 23 "— Kentucky 49 Suitable Home' 50 Watch chain 25 Erstwhile Peruvian 51 Carte lead-in 26 Needle case sundial 27 Active one

28 Counterfeit

29 Vicinity

## 38 Fuel for a Bentley 45 Sqt. Snorkel's dog 52 Midafternoon, on a

# ➤ Yesterday's answer

#### Sudoku

	9		2			4	
			5			1	8
		8	7	4	9	5	
	3	1					
9							2
					7	3	
	5	2	6	9	3		
7	6			2			
	4			8		2	

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

5	ь	8	4	1	9	3	2	1
9	3	1	6	2	8	4	5	7
7	2	4	3	5	1	8	9	6
1	5	2	7	8	4	9	6	3
8	9	6	2	3	5	1	7	4
4	7	3	1	9	6	5	8	2
6	8	7	9	1	3	2	4	5
2	1	9	5	4	7	6	3	8
3	4	5	8	6	2	7	1	9

5 6 9 4 7 9 9 9 4

#### Send a

KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Karen, my snuggley wuggly fuggly, I'm soooooo happy to be sharing in this onemonth anniversary with you. Your the cutest. DANNY XOXOXOINFINITY.

Cody.. This is just a little kiss to tell you thank you for always supporting me no matter what. You are truly a gift and I couldn't be happier. You have my heart and that will ever change. I love VOU! - NICOLE AKA GORGEOUSNESS

To my Sweet Pea, just to let you know how much you mean to me, you're my sunshine, I light up when I'm with you, my soulmate. you're caring, and you're an incredible friend & more, love you lots - AMORE XOXO

Jenny Pooh, You are an Amazing Lady and I Love You so much. Let's make US a Life together and be Happy, Fulfilled and full of Love! Forever Yours, POOH BEAR

#### look at the weather

TODAY Min 5° ►Max 17°

THURSDAY Min 4° 2 Max 18°

FRIDAY Min 3° Amax 19°

#### Michele McDougall (131) BREAKFA

Weather Specialist
"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 6AM

#### Today's horoscope

#### T Aries March 21-April 20 If you see something you desire today just reach out and take it. Cosmic activity quarantees that someone will try to stop you but you're an Aries, you al-

ways win. Be fast and be first.

Taurus April 21-May 21 New methods and new routines are not an option, they are a must. If you don't keep up with the latest developments in your work and creative activities you will get left behind.

#### II Gemini May 22-June 21

Everything seems to be going right for you now without much of an effort on your part. But don't take too much for granted. Challenges and setbacks are a fact of life, so be ready for them every day.

Gancer June 22-July 22 Upheavals in the domestic sphere are likely now but if you take them in your stride and refuse to get angry you will come through unscathed. Don't try so hard to please other peo-

53 Piercing tool

54 Cover

Ω Leo July 23-Aug.23 If you need to go back on a promise or in some other way let a friend down today then do it quickly and get it over with. They won't be happy but you can make it up to them later.

IIP Virgo Aug. 24- Sept. 22 Ignore what everyone else says you should be doing and do what feels right to you. While Mercury remains in your sign you are more likely than they are to see your situation clearly.

← Libra Sept. 23-Oct. 23 Play to

your strengths today and let other people conform to what you want to do. This is your time of the year and you really don't have to change your outlook in any way at all.

For today's crossword answers and for

expanded horoscopes, go to metronews.ca

M Scorpio Oct. 24-Nov. 22 Is your mind clear? Do you know what needs to be done? These are important questions and until you have answered them fully you would be wise to hold back from initiative.

#### → Sagittarius

Nov. 23-Dec. 21 You may be tempted to get involved in a friend's private affairs but before you go sticking your nose in, you might like to consider what their reaction is likely to

り Capricorn Dec. 22-Jan. 20 You are determined to prove vou have what it takes - yes,

even more so than normal. You are so fired up with ambition that you won't let any thing stand in your way.

Aquarius Jan. 21-Feb. 18 A touch of ruthlessness, both with yourself and with other people, may be needed today, especially if you find yourself in a situation where conditions make it difficult to get moving.

)-( Pisces Feb. 19-March 20 You don't have to do things the way they have always been done. You don't have to tread the same path as everyone else. Life is yours to do with as you wish, so follow your dream. SALLY BROMPTON



You WIN! write it! Write a funny cap

tion for the image to the right and send it to play@metronews.ca the winning caption will be published in tomorrow's Metro





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